



Natural Factors Nutritional Products Inc.

1131 01-01-1 0001

November 29, 1999

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204

RECEIVED
12/14/99

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: S-Adenosyl-L-Methionine (SAM-e)

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Pl.
Burnaby, B.C.
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1420 80th St. SW, Suite B
Everett, WA 98203

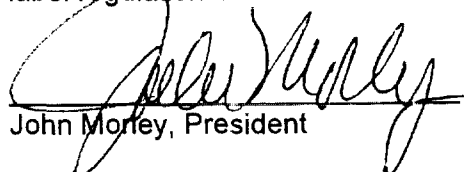
Text of side Panel: **Natural Factors SAM-e** is coated for ease of swallowing and maximum bioavailability. The coating also enhances SAM-e's stability. Significant amounts of SAM-e are not available through the diet, so supplementation is a safe and natural way to optimize your health.

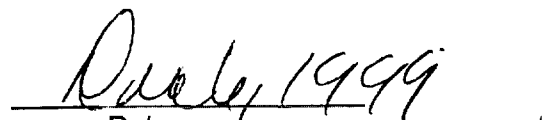
Text on PDP: Joint and Mood Support.

Name of dietary ingredient that is the subject of statement: S-Adenosyl-L-Methionine (SAM-e).

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date
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